Breakfast

Selection of	WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
44.50.50	HYDRATION	Apple Juice Infused Water	Orange Juice Infused Water	Apple Juice Infused Water	Orange Juice Infused Water	Apple Juice Infused Water	Apple & Orange Juice Infused Water	Apple & Orange Juice Infused Water
CAME A STANSON	BREAKFAST OPTION 1	Sausage Hash Brown Fried Egg Beans	Croissants with Jam and Butter	Continental Breakfast Cheese	Bacon Spaghetti Scrambled Egg Bread/ Toast	Sausage Grilled Tomato Fried Egg Baked Beans	Pain Au Chocolat	American Pancake Or Waffle with Honey
A SEASON STANSON S	BREAKFAST OPTION 2	Vegetable Sausage Hash Brown Fried Egg Beans		Ham Bread Roll Boiled Eggs	Mushrooms Spaghetti Scrambled Egg Bread/Toast	Vegetable Sausage Grilled Tomato Fried Egg Baked Beans		
日本の日本の日本の日本の日本の日本の日本の日本の日本の日本の日本の日本の日本の日	DAILY	Porridge Station Cow's Milk, Soya Milk & Oat Milk	Porridge Station Cow's Milk, Soya Milk & Oat Milk	Porridge Station Cow's Milk, Soya Milk & Oat Milk	Porridge Station Cow's Milk, Soya Milk & Oat Milk	Porridge Station Cow's Milk, Soya Milk & Oat Milk	Porridge Station Cow's Milk, Soya Milk & Oat Milk	Porridge Station Cow's Milk, Soya Milk & Oat Milk
	BREAKFAST	Cereals Yoghurt Station Toast & Preserves	Cereals Yoghurt Station Toast & Preserves	Cereals Yoghurt Station Toast & Preserves	Cereals Yoghurt Station Toast & Preserves	Cereals Yoghurt Station Toast & Preserves	Cereals Yoghurt Station Toast & Preserves	Cereals Yoghurt Station Toast & Preserves
SHOPPINGS	FRUIT	Whole Fruit	Sliced Fresh Fruit	Whole Fruit	Sliced Fresh Fruit	Whole Fruit	Whole Fruit	Sliced Fresh Fruit

Breakfast

Controller Co	WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SANSONS.	HYDRATION	Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice	Apple & Orange Juice	Apple & Orange Juice
		Infus <mark>ed Wate</mark> r	Infused Water	Infused Water	Infused Water	Infused Water	Infused Water	Infused Water
CHROM	BREAKFAST OPTION 1	Sausage Hash Brown Fried Egg Beans	Croissants with Jam and Butter	Continental Breakfast Cheese Ham	Bacon Spaghetti Scrambled Egg Bread/Toast	Sausage Grilled Tomato Fried Egg Baked Beans	Pain Au Chocolat	American Pancake Or Waffle with Honey
PORTE STATES OF THE	BREAKFAST OPTION 2	Vegetable Sausage Hash Brown Fried Egg Beans	Jam and bone	Bread Roll Boiled Eggs	Mushrooms Spaghetti Scrambled Egg Bread/Toast	Vegetable Sausage Grilled Tomato Fried Egg Baked Beans		Walle Will Holley
8		Porridge Station	Porridge Station	Porridge Station	Porridge Station	Porridge Station	Porridge Station	Porridge Station
CONTRACTOR	DAILY	Cow's Milk & Oat Milk	Cow's Milk & Oat Milk	Cow's Milk & Oat Milk	Cow's Milk & Oat Milk	Cow's Milk & Oat Milk	Cow's Milk & Oat Milk	Cow's Milk & Oat Milk
8	BREAKFAST	Cereals	Cereals	Cereals	Cereals	Cereals	Cereals	Cereals
dataon	ITEMS	Yoghurt Station	Yoghurt Station	Yoghurt Station	Yoghurt Station	Yoghurt Station	Yoghurt Station	Yoghurt Station
A. C. william		Toast & Preserves	Toast & Preserves	Toast & Preserves	Toast & Preserves	Toast & Preserves	Toast & Preserves	Toast & Preserves
STREET, SALES AND AND ADDRESS OF THE PARTY AND	FRUIT	Whole Fruit	Sliced Fresh Fruit	Whole Fruit	Sliced Fresh Fruit	Whole Fruit	Sliced Fresh Fruit	Whole Fruit

Breakfast





PRE-PREP WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MORNING BREAK	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	
AFTERNOON BREAK	Pain au Chocolate	Classic Shortbread	Cheese Pizza Baguette	Healthy Honey Seeded Flapjack	Classic Pork Sausage Roll or Vegan Sausage Roll	



	PRE- PREP WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MORNING BREAK	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter
	AFTERNOON BREAK	Cheese Pizza Baguette	Granola Bar	Carrot Cake	Savoury Muffins	Cheese & Tomato Mini Pizzas



PRE-PREP WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MORNING Break			Selection of Whole Fruit or Wholemeal Bread with Butter			
AFTERNOON BREAK	Butter Croissant	Red Onion & Cheddar Cheese Open Puff Pastry Tarts	Lemon Sponge Cake	Healthy Honey Seeded Flapjack	Classic Pork Sausage Roll	





EVERY DAY

Hydration Station



PREP WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING BREAK	Cheddar Cheese Straws	Carrot Cake	Granola Bar	Savoury Muffins	Sausage rolls		
AFTERNOON BREAK	Selection of Whole Fruit						

EVERY DAY

Hydration Station Whole Fruit



PREP WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING BREAK	Butter Croissant	Red Onion & Cheddar Cheese Open Puff Pastry Tarts	Chocolate Chip Cookies	Healthy Honey Seeded Flapjack	Classic Pork Sausage Roll	Light Lemon Drizzle	
AFTERNOON BREAK	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit		
	MORNING BREAK	MORNING BREAK Butter Croissant AFTERNOON Selection of	MORNING BREAK Butter Croissant Red Onion & Cheddar Cheese Open Puff Pastry Tarts AFTERNOON Selection of Selection of	MORNING BREAK Butter Croissant Red Onion Chocolate Cheese Open Puff Pastry Tarts Chocolate Chip Cookies Selection of Selection of Selection of	MORNING BREAK Butter Croissant Red Onion Cheese Open Puff Pastry Tarts Chocolate Chip Cookies Healthy Honey Seeded Flapjack Selection of Selection of Selection of Selection of Selection of	MORNING BREAK Butter Croissant Red Onion & Cheese Open Puff Pastry Tarts Chocolate Chip Cookies Healthy Honey Seeded Flapjack Classic Pork Sausage Roll AFTERNOON Selection of Selection of Selection of Selection of Selection of Selection of	WEEK THREE MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY MORNING BREAK Butter Croissant Red Onion & Cheddar Cheese Open Puff Pastry Tarts Chip Cookies Healthy Honey Seeded Flapjack Classic Pork Sausage Roll Light Lemon Drizzle AFTERNOON Selection of Selection of Selection of Selection of Selection of

EVERY DAY

Hydration Station Whole Fruit







ACCOMMENSOR OF THE	PRE-PREP WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
	MAIN EVENT	Tomato and Basil Pasta Topped with Cheddar Cheese	Beef Burger with Crisp Lettuce and Tomao	Chorizo and Ch <mark>eese</mark> Pasta Bake	Roast <mark>Chicken and</mark> Stuffing	Breaded Cod and Lemon Wedge			
	PLANT BASED	Spinach and Mushroom Pasta	Spicy Vegetable Bean Burger with Crisp Lettice and Tomato	Picante Chilli and Tomato Sauce with Gnocchi	Vegetable Crepes Topped with a Cheese sauce	Fishless Fish Fingers and Lemon Wedge			
	SIDES	Garlic Slice Broccoli and Sweetcorn Medley Potato Wedges	Chips Green Beans Steamed Carrots	Homemade Garlic Bread Garden Peas Steamed Broccoli	New Potatoes Cauliflower Sweetcorn Gravy	Chip Shop Chips Mushy Peas Carrots			
	DESSERT	Rice Krispie Cake	Traditional Bread & Butter Pudding	Melon Pot	Apple Cobbler with Custard	Assorted Ice Cream			
	SALAD BAR	E A SE	A Selec	tion of Simple and Compos	ite Salads				
	EVERY DAY	A Selection of Jacket Potatoes and Various Toppings Yoghurt Pots Whole Fruit							







PRE PREP WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
MAIN EVENT	Vegetable curry	Steamed Fish served with a Creamy White Sauce	Penne Pasta With Choice of	Steamed Chicken with Creamy Mushroom Sauce	Fish Finger & Homemade Tartar Sauce					
PLANT BASED	Vegetable Tacos With Guacamole	Vegetable Puff Pastry Pie	Beef Bolognaise Or Cheesy White Sauce	Stuffed Jacket Potato with Cheese and Onion Mix	Vegetarian Fishless Fingers & Tartar Sauce					
SIDES	Steamed Rice Nann bread	Lyonnaise Potatoes Steamed Green Beans	Garlic Bread Cauliflower	Steamed Carrots Green Beans	Sauté Potatoes					
SIDES	Mango Chutney Sweetcorn	Carrots	Steamed Broccoli	Buttered New Potatoes	Green Beans Mushy Peas					
DESSERT	Strawberry Cheesecake	Apple Crumble and Custard	Fresh Fruit Salad	Mini Sugar Doughnuts	Assorted Ice Cream					
SALAD BAR		A Selection of Simple and Composite Salads								
EVERY DAY	The second	A Selection of Jacket Potatoes & Various Toppings Yoghurt Pots Whole Fruit								







TO SERVICE	PRE PREP WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
	MAIN EVENT	Vegetable Pie with Quorn Gravy	Classic Beef Lasagne	Cumberland Sausage and Mash	Spaghetti Carbonara	Breaded Cod Tartar Sauce			
	PLANT BASED	Fresh Veg Stir-fry with Light Soy Sauce	Classic Vegetable Lasagna	Vegetable Sausage and Mash	Spaghetti Picante with Roasted Red Peppers	Vegetarian Pasta Bake			
,	SIDES	Cauliflower Butter and Parsley Carrots Thyme Roasted New Potatoes	Steamed New Potatoes Sweetcorn French Whole Beans	Onion Gravy Roasted Carrots Steamed Peas	Garlic Slice Steamed Broccoli Sauté Courgettes	Skinny Fries Baked Beans Mushy Peas			
	DESSERT	Natural Yoghurt and Fruit Compote	Vanilla Sponge and Vanilla Cream	Melon Pots	Golden Syrup Sponge and Custard	Rice Krispy Cake			
	SALAD BAR	A Selection of Simple and Composite Salads							
	EVERY DAY		A Selection	of Jacket Potatoes and Vai Yoghurt Pots Whole Fruit	rious Toppings				







	No. of the Contract of the Con							
WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
SOUP & BREAD	Homemade Daily Soup Freshly Baked Bread	Homemade Daily Soup Freshly Baked Bread	Homemade Daily Soup Freshly Baked Bread	Homemade Daily Soup Freshly Baked Bread	Homemade Daily Soup Freshly Baked Bread			
MAIN EVENT	Tomato and Basil Pasta Topped with Cheddar Cheese	Domato and Basil Pasta Beef Burger with Crisp Lettuce and Tomao		Chorizo and Cheese pasta Bake Roast Chicken and Stuffing Wed		Beef Lasagne	Light Lunch	
PLANT BASED	Spinach and Mushroom Pasta	Spicy Vegetable Bean Burger with Crisp Lettice and Tomato	Picante Chilli and Tomato Sauce with Gnocchi	Vegetable Crepes Topped with a cheese sauce	Fishless Fish Fingers and Lemon Wedge	Vegetabl <mark>e</mark> Lasagne		
SIDES	Garlic Slice Broccoli <mark>an</mark> d Sweetcorn Medley	Green Beans	Homemade Garlic Bread Garden Peas	New Potatoes Cauliflower Sweetcorn	Chip Shop Chips Mushy Peas	Garlic Bread Stemmed Broccoli	Turnovers Potato wedges Sweetcorn	
	Potato Wedges	Steamed Carrots	Steamed Broccoli	Gravy	Carrots	7		
DESSERT	Rice Krispie Cake	Traditional Bread & Butter Pudding	Apple Cobbler with Custard	Melon Pot	Assorted Ice Cream	Marble Cake		
	6-2-10		A Selection o	of Simple and Com	posite Salads			

A Selection of Simple and Composite Salads
A selection of Jacket Potatoes, Sweet Potato and Various Toppings
Whole Fruit







WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
SOUP & BREAD	Homemade Daily Soup Freshly Baked	Homemade Daily Soup Freshly Baked Bread	Homemade Daily Soup Freshly Baked	Homemade Daily Soup Freshly Baked	Homemade Daily Soup Freshly Baked			
	Bread	Trestily bakea broad	Bread	Bread	Bread			
MAIN EVENT	Vegetable Curry	Steamed Fish served with a Creamy White Sauce	Penne Pasta With Choice of Beef Bolognaise Or Cheesy White	Steamed Chicken with Creamy Mushroom Sauce	Fish Finger & Homemade Tartar Sauce	Thai Gr <mark>e</mark> en Chicken Curry		
PLANT BASED	Vegetable Tacos With Guacamole	Vegetable Puff Pastry Pie	Sauce	Stuffed Jacket Potato with Cheese and Onion Mix	Vegetarian Fishless Fingers & Tartar Sauce	Special Vegetable Fried Rice with Egg	Light Lunch	
	Steamed Rice Nann bread	Lyonnaise Potatoes Steamed Green Beans	Garlic Bread Cauliflower	Steamed Carrots Green Beans	Sauté Potatoes Green Beans	Prawn Crackers	Pizzas	
SIDES	Mango Chutney Sweetcorn	Carrots	Steamed Broccoli	Buttered New Potatoes	Mushy Peas	Coconut Rice		
DESSERT	Strawberry Cheesecake	Apple Crumble and Custard	Fresh Fruit Salad	Mini Sugar Doughnuts	Assorted Ice Cream	Dark Chocolate Brownie		
EVERY DAY	A selection of simple and composite salad A selection of Jacket Potatoes and various toppings Whole Fruit							





Service and the service and th							
WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP &	Homemade Daily Soup	Homemade Daily Soup	Homemade Daily Soup	Homemade Daily Soup	Homemade Daily Soup		
BREAD	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread		
MAIN EVENT	Veget <mark>abl</mark> e Pie with Quorn Gravy	Classic Beef Lasagne	Cumberland Sausage and Mash	Spaghetti Carbonara	Breaded Cod Tartar Sauce	Jumbo Sausage Hotdog	
PLANT BASED	Fresh Veg Stir-fry with Light Soy Sauce	Classic Vegetable Lasagna	Vegetable Sausage and Mash	Spaghetti Picante with Roasted Red Peppers	Vegetarian Pasta Bake	Jumbo Vegetable Sausage Hotdog	
	Cauliflower Butter and Parsley	Steamed New Potatoes	Onion Gravy	Garlic Slice Steamed	Skinny Fries	Fried Onions Baby Roasted Potato	Light Lunch
SIDES	Carrots	Sweetcorn	Roasted Carrots	Broccoli	Baked Beans	Sweetcorn and	
	Thyme Roasted New Potatoes French Whole Beans	French Whole Beans	Steamed Peas	Sauté Courgettes	Mushy Peas	Peas	
DESSERT	Natural Yoghurt and Fruit Compote	Vanilla Sponge and Vanilla Cream	Melon Pots	Golden Syrup Sponge and Custard	Rice Krispy Cake	Assorted Ice Cream	
EVEDV DAV	A selection of simple and composite salad						

A selection of simple and composite salad
A selection of Jacket Potatoes and various toppings
Whole Fruit

Pre Prep Tea



	PRE PREP TEA MONDAY		TUESDAY WEDNESDAY		THURSDAY	FRIDAY
	WEEK ONE	Cheese and Tomato Nut Free Pesto Pasta with Poasted		Stuffed Jacket Baked Potato	Cheese, Ham and Cucumber Wrap	Baked Beans or Spaghetti on Toast
	WEEK TWO			Selection of Sandwiches, Rice Crackers and Crudité	Tuna and Sweetcorn Pasta Salad	Baked Beans or Spaghetti on Toast
WEEK THREE		Wholemeal Tomato Pasta with Chicken	Selection of Sandwiches, Crisps and Crudité	Tomato Soup & Wholemeal Bread	Cream Cheese Bagel with Cucumber Sticks	Baked Beans or Spaghetti on Toast
		1 10				

EVERY DAY

A Selection of Salads, Whole Fruits and Sweet Treat

7	SU	pper						Pollen
	WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	MAIN EVENT	Honey and Soy Glazed Salmon	Herb Scented Sausage Roll	Roasted Chicken Thigh with Spiced Rub	Beef Stroganoff	Macaroni Cheese with Chicken and Bacon		Roast Pork & Gravy
	VEGETARIAN	Roasted BBQ Root Vegetables	Vegetable Roll	Aubergine Mousakks	Mushroom Stroganoff	Cauliflower and Broccoli Cheese	Assorted Pizzas	Vegetable Stack
	SIDES	New Potatoes Steamed Rice Sweetcorn	Baked Beans Carrots Onion Rings House Salad	Chips Steamed Broccoli Corn on the Cob	Rice Green Beans Sweetcorn	Green Beans Carrots Garlic Bread	Onion Rings Corn On the Cob House Salad Creamy Slaw	Roast Potatoes Roast Parsley Carrots Gravy Apple Sauce
A STANDEN PROPERTY	DESSERT	Apple and Cinamon Crumble served with Vanilla Cream	Ice Cream and Assorted Sauces	Fruit Salad	Fruit Cake	Toffee Cheesecake	Chocolate Sponge and Custard	Ice Cream with Coconut and Mango Sauce
	EVERY DAY	SELECTION OF WHOLE FRUIT						





WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN EVENT	Chicken and Mushroom Pasta Bake	Pasta Amiracana Chilli, Bacon in a Tomato Sauce	Chicken Korma	Ham, Cheese and Tomato Turnover	Beef Burrito topped with Tomato Sauce	Piulled Pork Burger	Chicken Paella
VEGETARIAN	Tomato and Basil Pasta Bake	Pasta Amiracana Chilli, Mushrooms in a Tomato Sauce	Spinach and Chickpea Korma	Vegetable Turnover	Vegetable Burrito topped with Cheese Sauce	Pesto Gnocchi with Chives	Mushroom Paella
SIDES	Spiced Potato Wedges Peas Baked Beans	Garlic Bread with Cheese Steamed Broccoli	Scented Yellow Rice Green Beans Poppadom's	Sauté Potatoes Spaghetti Hoops Steamed Carrots	Roasted New Potatoes Garlic Roatsed Courgettes Stemed Broccoli	Onion Rings Honey Roasted Carrots Corn on the Cob	Roasted Peppers Garlic green Beans Potato Bravas
DESSERT	Strawberry Swiss Roll	Fruit Pavlova	Melon Pots	Lemon Sponge and Custard	Carrot Cake	Peach Cobbler and Cream	Marble Cake

SELECTION OF WHOLE FRUITS

Supper	-	-
31/2/201	3	



WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN EVENT	Pasta Bolognaise	Chicken Burger with Salad	Chilli Pork Stir Fry	Classic Hunters Chicken Escalope with BBQ Sauce	Beef Stroganoff	Pork Burritos	Roast Gammon and Gravy
VEGETARIAN	Tomato and Basil Pasta Bake	Spicy Bean Burger with Salad	Stuffed Garlic Field Mushrooms	Vegetable Nuggets	Stuffed Jacket Potato with Sour Cream and Chives	Vegetable Burritos	Roasted Quorn Fillet and Gravy
SIDES	Cheddar Cheese New Potatoes Broccoli and Sweetcorn Medley	Potato Wedges Onion Rings Baked Beans Peas	Egg Fried Rice Green Beans Prawn Crackers	Garlic Roasted Potatoes Broccoli Buttered Carrots	Steamed Rice Peas Cauliflower	Brocoli Carrots Courgettes	Roast Potatoes Yorkshire Puddings Roast Root Vegetables Green Beans
DESSERT	Homemade Cookies	Apple & Toffee Crumble With Custard	Chocolate Chip Krispie Cake	Eaton Mess	Chocolate Swiss Roll	Yoghurt Pots with Mixed Berries	Vanilla Cheese Cake

SELECTION OF WHOLE FRUITS